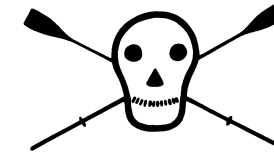


LAGAN
SCULLERS' CLUB
8 LOCKVIEW ROAD, BELFAST BT9 5FH

NOTES
FOR MEMBERS



LAGAN
SCULLERS' CLUB
8 LOCKVIEW ROAD, BELFAST BT9 5FH

NOTES FOR MEMBERS

1. **BOAT-HOUSE AND GROUNDS**

The Club was set up in 1978 to encourage sculling and to provide boats for general use at a low subscription. Most of the money for the boats and Clubhouse has been raised by voluntary subscription and by club functions, and most construction and landscaping work on our premises has been done by successive committees and friends.

As a member, you are asked to play your part by looking after the boats properly, by promptly reporting damage or misuse, by tidying up the Clubhouse and grounds when necessary, and by supporting the social functions whose financial success is vital to the club's future.

Please note that the club function room, which provides comfortable space for a party of about 30, is available for hire by members.

2. **BOATHOUSE KEYS**

No sculler may use the club premises unless and until he/she has signed the indemnity form. Parents/guardians are held to be responsible for members under 18.

Club keys are loaned to members, and must be surrendered if membership lapses; key deposit is charged for replacement keys. No member may lend their key to anyone else, whether or not a member.

The metal gate in the outer fence is not self locking, and must be kept closed at all times. It can be unlocked by using the key. The padlock should not be left open or unattached. It is not advisable to leave valuables or keys in the boat-house as there have been a number of serious thefts in the area.

3. **BOATS**

There are two sets of steps in front of the club and more between the club and the Methody premises. All these steps can be used by LSC members. They must be used with caution, and, in particular, must be brushed clean of mud and growth before using. Cleaning should be recorded in the book on the notice board.

There are various categories of boat -for general use, for restricted use, and privately owned boats. Boats for general use are detailed on the club notice board. Permission to use a fine boat must be sought from the committee. Private boats must not, of course, be touched by members. Oars are specifically allotted for each boat. All boats and oars must be stored correctly.

Boats must be signed out clearly in the log book before and after each outing; this rule applies to all scullers, including private owners. All club boats must be washed inside and out after outings, and should be stored with bungs open.

Bow and stern lights must be carried after dusk or in poor visibility by all scullers using the club including private owners, and anyone not complying with this rule may be banned from using the club. For users of club boats, lights and batteries are not supplied by the club, and must be brought by the member.

The oarometer is kept in the clubhouse. Its use should be recorded in the log book.

4. NEW MEMBERS

No sculler may use any boat, who cannot swim 50 metres in rowing kit; it is the responsibility of each user to conform with this requirement. Members under 18 may use the club only at the sole responsibility of their parents/ guardians.

Every new member using the club must satisfy the committee as to his/her competence in sculling. Learner scullers are encouraged to join, but may use the boats only when a committee member, or delegated member, is present until they have achieved competence. No new member may use any boat until they have signed the indemnity form and received their keys, and no non-member may use a boat except at the discretion of a committee member.

The boats are closely packed on the racks, and no attempt must be made to use a boat until and unless the user is able to remove and replace the boat with ease; consequently smaller junior scullers must ensure that they have help before and after their outing.

5. DAMAGE

Any damage to boats, however slight, must be reported by telephone to the Captain or to a committee member. In particular any parts of boats, oars etc. must be retrieved and saved. Members responsible for damage will be expected to make a contribution to the cost of repairs.

If you see any carelessness to equipment, please speak to the member concerned and/or make a report to the committee; it is in your own interests to ensure that all members use the boats responsibly.

From time to time boats need to be removed from circulation for repairs. They will be marked as Quarantined and must not be used. Please do not swap seats and oars between boats.

6. CHANGING FACILITIES

There are two showers and changing areas in the clubhouse, and male and female lavatory facilities.

7. RACK SPACE

Private owners are encouraged to keep their boats in the club but must apply each year. Rackage is as decided annually by the committee; owners must organise their own insurance. There are a limited number of racks and continued space cannot be guaranteed.

8. REGATTAS AND HEADS

If a member wishes to enter a competitive event or to borrow a club boat, application must be made in writing to the Event Secretary by the date indicated on the entry form, which is usually 2 weeks before the event. Boat allocation will be at the discretion of the Captain. Anyone removing a boat for an event must make a note in the log book to this effect -this includes private owners.

9. COMMITTEE

The names and telephone numbers of key committee members are posted in the club and listed in the Newsletter sent out periodically.

10. QUERIES, SUGGESTIONS AND CHANGES OF ADDRESS

These should be addressed to the Captain, Honorary Treasurer or Honorary Secretary.

BOATS AVAILABLE AT LSC, 2011

Boats are the tools of your trade for sculling- look after them and they will look after you. The club has a range of boats as listed below, of various standards. There are two main categories- boats for general use and boats restricted to approved scullers. The list of general boats is in order of progress from beginner level, with a guide as to how long each boat might be used before moving to the next boat. These are only a guide- some people will take longer in some boats, stop at any level, or even progress quicker, for example, if they have rowed before. Most people should progress through each level before applying for a fine boat. In all cases, use the right blades for each boat, take care of the boat and wash it after use.

Weights given are maximum per person in boat.

Rigging adjustments other than to the foot stretcher should be not be carried out without talking to a committee member. The clubhouse also houses a number of private boats, which of course are not for general use.

The following boats are for **GENERAL USE**, although users should ask the Captain or a committee member before moving up a boat.

IAGO (Burgashell) 2-3 outings

This can be used, with an experienced sculler steering, as an introduction to proper (fine boat) sculling. (90kg)

EMMA 3-5 outings

A short wide tub scull. Although wide, this boat is light, has a normal rig, and is excellent as a safe boat for first solo outings and learning to steer. Always use the right pair of short wooden blades. (90kg)

RHEA/THE BARBARA A. (Burgashell) 1 month

Lighter than Emma, these could be launched by stronger people, but will not survive heavy knocks or hitting things. They are not as stable as they look! (90kg)

TOM TERENCE (Eton 2X+) 2-3 outings

A wide heavy coxed double, but not stable, suitable for those who can balance a single and want to learn to scull in a crew. (90kg) The cox must wear a suitable lifejacket. These are stored in the launch shed.

DIVA/IRIS/ELVIRA (Burgashell) 3+ months

Three similar fine boats suitable for lightweights (70kg). The best boats available for general use, these are lighter and more fragile than training boats, and suitable for racing. Users must be able to handle boats safely, both on and off the water.

FREYA/ADRIANA (Burgashell) 3+months

As Diva, etc., but for heavyweights (90kg)

The following **FINE BOATS** are restricted to approved experienced scullers. Applications should be in writing to the Captain, quoting weight, experience, and aims. A form is available.

THEY MUST NOT BE USED WITHOUT AUTHORISATION.

OPHELIA (Janousek) May be made available to intermediate scullers.

A light/fragile racing boat, suitable for lightweights (70kg). As an old boat it is fragile but good for training and with care will live for a few more years.

SHULA/THEA (Janousek)
Fine racing boats, suitable for lightweights (Shula 70kg, Thea 60kg)

LUCIA/AIDA (Janousek)
As Shula etc., but for middle weights (Lucia 80kg, Aida 75kg)

MINERVA/VITA (Aylings/Janousek)
Fine racing boats, suitable for heavyweights. (90kg)

DUA/AURORA (Janousek 2X)
Fine racing double sculls. **BOTH** scullers must be authorised for this boat. (Aurora 70kg Dua 90kg)

UN-NAMED (McAleer/Simms 4X-)
Fine racing coxless quad scull. **ALL** scullers must be authorised for this private boat. **The steerer must be named on a list of those approved by the committee for this purpose. (90kg)**